Basic Aerobic Exercise Physiology References
Prof. Steven S. Saliterman


33. McGarrah RW, Slentz CA, Kraus WE. The Effect of Vigorous- Versus Moderate-Intensity


44. Radak Z, Zhao ZF, Koltai E, Ohno H, Atalay M. Oxygen Consumption and Usage During Physical Exercise: The Balance Between Oxidative Stress and ROS-Dependent Adaptive


54. Voet NBM, van der Kooi EL, Riphagen, II, Lindemana E, van Engelen BGM, Geurts ACH. Strength training and aerobic exercise training for muscle disease. *Cochrane Database of*
Systematic Reviews. 2013(7).

